

## **PAWS News**

January 26, 2023
Respect, Responsibility, Community, & Pride

#### Office of the Principal

Dear MVMS Community,

We are headed into a long and rigorous stretch of school until the February Break. This is the perfect time to set goals with your student as they have been learning in their Second Step lessons. Small, achievable goals that your student can reach in the short term will go a long way in building your student's confidence and sense of accomplishment. Even starting out with daily or weekly goals is a great way to help your student begin to learn the importance of goal setting.

Our PBIS Character Theme of the Month is gratitude. I am grateful for all the members of our school community, including our MVMS staff and students. The MVMS staff work each day to help our students to grow and find success in every role. Thank you all for your dedication and support of MVMS.

As a reminder, students may not be dropped off at MVMS prior to 7:45 a.m. If students arrive @ 7:45, they must use a pass to access the library or sign in to meet with a specific teacher. Regular drop-off time is 8:00, and students should report to their assigned area. Have a wonderful week.

Sincerely, Jessica Milligan Principal



#### **DATES TO REMEMBER**

Date	
February 23	Winter Carnival @ MVMS from 5:30-7:30
February 27-March 3	No School: Winter Recess

#### **MVMS ADMINISTRATORS**

Mrs. Jessica Milligan

Ms. Brandy Williams Mr. Lyle Hamel

Ms. Kim Rivers Mr. Josh Lewis Principal

**Assistant Principal** 

**Curriculum Coordinator** 

Special Education Facilitator

Dean of Students



#### **Winter Carnival**



#### **School Calendar**

The school calendar is posted on the **SAU website**.

#### **Purchase your 2023 Yearbook TODAY!**

MVMS Yearbooks are now available to purchase online. Please click <u>HERE</u> to buy your 2022-2023 yearbook!

#### **Theater: Spring Auditions**

Auditions for the spring musical *Matilda Jr.* will take place afterschool in the Hilltop the week before February break (February 20-24). Audition packets are available in the office for those interested in participating.

#### **Nurse Update**

The MVMS community is still seeing an increase in illness among students and staff including Influenza, COVID-19 and RSV. Below is guidance for parents in managing student illness:

In general, any student who is sick with fever, cough, sore throat, congestion, body aches, vomiting or diarrhea should stay home until symptoms are improving or resolved. Any child with a fever over 100 degrees must be fever free for 24 hours off medication prior to returning to school. Any child who has been vomiting or had diarrhea must stay home for 24 hours from last episode of vomiting/ diarrhea. The MVMS nurses are happy to help determine when your child should return to school, please call or email for guidance.

The CDC, NH DHHS, and SAU19 are still recommending that your child be tested for COVID-19 prior to returning to school if they exhibit any of the above symptoms. If positive for COVID-19, you must contact the MVMS nurses for guidance on isolation and return to school timeline. If negative, we request proof (a photo of home test or documentation from provider) of negative test with the date and your student's name clearly marked be emailed to the MVMS nurses.

If your student is at increased risk for COVID-19 because of close contact to a COVID-19 case or participation in a high-risk activity (large gatherings, travel, etc.) it is recommended that you repeat a home antigen test 48 hours after the first was done. A PCR test does not need to be repeated.

If your child tests negative for COVID-19 but remains symptomatic we advise that you seek additional evaluation through your PCP or Urgent Care to rule out another illness.

The MVMS nurses are happy to help with any illness or injury concerns you may have, please feel free to call or email with questions.

Thank you,

Sara Matatall RN Susan Potvin RN

Sara.matatall@sau19.org susan.potvin@sau19.org

660-5623 660-5615

#### 8th Grade Baby Photos

There are a limited number of spots left for our 8thGrade Baby Ads! Take this last opportunity to submit your Ad. Please submit the baby photo, the message to your 8th grader, and a \$14 check or cash for the Ad to Ms. Sinclair in room 212. If you want to submit the photo digitally, please forward your quality digital image to Ms. Sinclair at virginia.sinclair@sau19.org. Please include your child's first and last name in the subject of the email so we know exactly who the photo belongs to. We will still need your message and the \$14 check or cash for the Ad.

#### **PBIS Theme of the Month – January**

Each month the MVMS community focuses on a specific aspect of character development. January's theme is gratitude. Gratitude is described as focusing on what's good in our lives and being thankful for the things we have. MVMS is grateful for all our amazing staff members, students, and our entire school community.



#### The Late Bus

The Late Buses picks students up from MVMS at 5:00. Students must sign up in the front office by 1:00 to ride the late bus each day. Please click on the following link to check out the routes: <u>Late Bus Route</u>

#### **Information Center**

The MVMS information center is open for students to access resources before and after school. The library is open before school starting at 7:45 and will remain open at the end of the school day until 4:45, Monday-Thursday. The information center will close at 3:10 on Friday. Students dropped off at 7:45 or picked up after 3:15 from the library need to enter and exit through the front lobby doors.

#### **Student Government**

Student government is a student led organization that promotes leadership skills and encourages students to give back to the Goffstown community. The advisors include: Mrs. Leonard from team 6-3, Ms. McNichols from team 5-2 and Mr. Lacasse from team 7-1! We meet at MVMS monthly after school from 3:15-4:15 in Mrs. Leonard's room 216. Students will contribute to school-wide activities and play their role in showing PAWS pride to the other students at the middle school. As a student government member, it is your voice that represents your grade level and raise awareness of what is being said. Some activities we have planned include: canned food drives, fundraisers, school dances, kindness day activities, spirit weeks, etc. We meet the second Wednesday of every month! The dates are as follows: 1/18, 2/15, 3/15, 4/12 and 5/17. Some dates may change due to unforeseen circumstances. We look forward to having you join us!

#### **Update from Food Service Department**

- SAU 19 Food & Nutrition Information
- Sign Up for Titan: https://family.titank12.com/
- Breakfast and lunch will not be free for all students this year.
- Online payments for food service are now working! It is credit card only and there is a fee of \$2.60 per transaction. The fee is charged by the bank, not the school district. The link to the online payment is this: https://family.titank12.com/
- Please complete a free and reduced meal price application now: Free & Reduced Application
- Anyone can complete an application. Paper applications can be requested from your school or from the food service director at megan.bizzarro@sau19.org
  - Other benefits for filling out the application include: Discounted camp fees, College application and Admission Test Fee Waivers, and the district can receive more state funds to offset the local tax rate

#### **Paraprofessional Job Opportunity**

MVMS is seeking paraprofessionals for the 2022-2023 school year. The job predominantly consists of supporting small groups of students or individual students in Grades 5 through 8 throughout their day. If interested, please contact our main office at 603-497-8288 or apply through our <u>district employment</u> <u>opportunities</u>.

#### Reporting an Absence

Parents and guardians should call (603) 497-8288, when prompted press 2 to report a student absence. Parents and guardians should be prepared to record their name, their student's name, and the name of their student's teacher(s). A note from a parents and guardians should be presented to the homeroom teacher upon return to school.

#### **Emergency Release**

The Goffstown School District uses a district wide notification system called School Messenger. This system allows more effective communication with parents should an emergency issue arise. This includes school cancelations, delays or early dismissals due to poor weather or building emergencies such as loss of heat, water pressure or electricity. Every means of communication will be used to notify parents and guardians. In addition to School Messenger, any school closing or delay because of weather conditions will continue to be announced on WMUR-TV, Channel 9, as well as over the radio station 95.7 FM WZID before 7:00 a.m. Please refrain from calling the school. Parents should have an emergency plan in place with their student for the rare occasion they may need to be sent home early.

#### **School Counselors**

If at any point during the year, you feel the need to consult with a counselor for advice for you or your student, please contact one of the following:

Erin Sakolosky	Grade 5	Erin.Sakolosky@sau19.org
Jessica Jordan	Grade 6	Jessica.Jordan@sau19.org
Rachel Nault	Grade 7	Rachel.Nault@sau19.org
Ryanne Roy	Grade 8	Ryanne.Roy@sau19.org

#### **MVP Corner**

The Mountain View Partnership is your MVMS parent teacher organization. To become a supporting member, click the link below. You will be given an option to join the MVP Student Directory and will receive a copy in return. The link is <a href="https://my.cheddarup.com/c/mvp-membership">https://my.cheddarup.com/c/mvp-membership</a>. You will also be enrolled to receive emails on current fundraisers and events sponsored by MVP!

MVP meets on the first Monday of each month at 6:00pm in the Information Center/Library. Everyone is welcome, we'd love to have your input, it truly takes a village! To stay informed on our upcoming events and fundraisers you may also join our Facebook Group at <a href="https://www.facebook.com/mountainviewpartnership">https://www.facebook.com/mountainviewpartnership</a>.



Shortsleeve Soft T-shirt \$15.00

Performance Hoodie \$40.00



Makes A Great Graduation Gift!

https://www.browngraphix.com/mvms-class-of-2027.html



Eighth Grade Parent(s),

Looking for a creative way to tell your child, "I love you and I'm proud of you"?



Place a recognition ad in the yearbook.

A recognition ad is always a great idea. In the future, seeing your message will bring a smile as students remember your love and support during these important years. It's easy to create a recognition ad. Just send us your favorite baby photo and compose your message. You must have your son/daughter's name on the back of the picture. Please supply a self-addressed stamped envelope if you would like the photo returned in June 2023. If you wish to send in a digital photo, please email it to Ms. Sinclair at virginia.sinclair@sau19.org with your child's name in the subject line. Please remember to send in the below form and money as well in an envelope.

We will try to keep the ad a secret until the yearbook is distributed. If your son or daughter is on the yearbook staff this may not be possible.

Reserve a space for your recognition ad today. Like the yearbook, your message will be a permanent memory.

Inank you!	
Sincerely, The Yearbook Staff	
	ORM MUST BE FILLED OUT COMPLETELY!
Student name	Team
Parent name	Phone
Cost \$14.00 (Checks made out to MVMS – Message: Limit 35 words or less!	Yearbook)  Check here if you are emailing a digital file:
Signature	Check #



#### REGSITRATION IS NOW OPEN FOR OUR 2023 SPRING SEASON!

T-ball ages 4-6 \$125 per player

Farm ages 6-8 \$125 per player

Minors ages 8-10 \$160 per player

Majors ages 10-12 \$160 per player

Challenger (adaptive league) ages 4-22 \$50 per player

#### BACK THIS YEAR: Early Bird Discount

Register by January 15<sup>th</sup> and receive \$10 off each player!

Go to www.Goffstown.Jr.Baseball.com to register!

Minors and Majors registration deadline is 2-28-23. Their player evaluation date will be at MVMS on Sunday AM 3-5-23.

All other divisions close end of March. Late registrations could be subject to unavailability or a late fee.

Please email GJBBoard@GoffstownJrBaseball.com with any questions.

See you on the field!



Our primary goal is for kids to have fun learning to play baseball, while also teaching the fundamentals of life, fair play, and good sportsmanship.

## ACCOEWRESTLINGCLUB.COM









New wrestlers always welcome!

# STR ENGTH

OF BODY
MIND
CHARACTER



# SIGNUPNOW

Regist ration open

# AGOGE WRESTLING CAMP

Mon - Fri 9AM - 1PM

Camp Pricing \$30 per day \$150 per week

Did you know?

## **WRESTLING**

Teaches Kids

- Strength
- Resiliency
- Discipline
- Confidence

- February2/ 27-3/ 3
- April4/24-4/28
- <u>June</u> 6/ 26-6/ 30
- <u>Jul y</u> 7/ 24-7/ 28

AGOGE
Wrestling Club
11 Lance Ln, Unit 12
Goffstown, NH



### The Spring 2023 Season is here...

Registration is OPEN and will close on 4/2/23.

Team Shirt provided.

**6U Division** - \$30

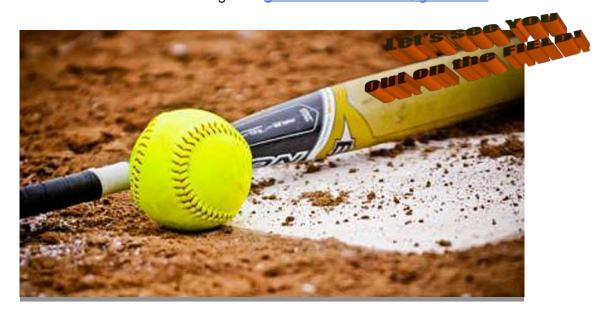
**8U Division - \$60** 

10U, 12U, & 16U Divisions - \$80

Register Online at: www.goffstownsoftball.com

Interested in coaching or have more questions?

Contact the league at <a href="mailto:google-color:google



Don't forget to follow us on Facebook at:

Goffstown Softball League

to stay up to date on all exciting league news & events!